

# CHARLOTTE B. THOMASON

## Media Kit



# Author|Speaker

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[charlottethomason.com](http://charlottethomason.com)

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# ABOUT ME

I'm so glad you're here. As a survivor of childhood trauma and a social worker with over 35 years of experience, I've spent my life exploring how faith and healing can walk hand in hand. I hold a Master of Science in Social Work and a Master of Arts in Christian Apologetics—but more than credentials, I bring the lived experience of someone who's walked this road. Through writing, speaking, and mentoring, I help others find language for their pain and courage for their next step. If you're looking for encouragement or a speaker who understands the journey—you're in the right place.

**EXPERIENCING HOPE,  
FINDING TRUTH**



# MEMOIR

## WHAT KIND OF LOVE IS THIS?

### BOOK DETAILS:

Paperback: ISBN: 978- 1637460252

Publisher: Kharis Publishing

Length: 266 pages

Available Formats: Paperback, Kindle, Audio



### Description

Told through the eyes of a child, this memoir traces my journey through trauma, addiction, and recovery. It's a story of survival—and of discovering hope, faith, and the courage to believe in love again.

### Themes

This book explores the long-term impact of childhood trauma, the search for identity and belonging, and the quiet presence of God even in the darkest seasons. It invites readers to reflect on resilience, grace, and the healing power of storytelling.

### Audience

Written for survivors, supporters, and seekers, this book speaks to anyone walking through the aftermath of trauma. Whether you're on your own healing path or supporting someone you love, you'll find honesty, empathy, and encouragement in these pages.

Prefer a signed copy? [Order direct from me](#) - or grab it on [Amazon!](#)

# WORKBOOK

## FAITH IN THE FOG

BOOK DETAILS:  
January 30, 2026

Paperback ISBN: 978-1-63746-410-6

Publisher: Kharis Publishing

Length: 161

Available Formats: Paperback, Kindle

### Description

A faith-based trauma recovery workbook offering practical tools, Scripture, and guided exercises to help you heal, find clarity, and reconnect with hope when the path feels unclear.

### Themes

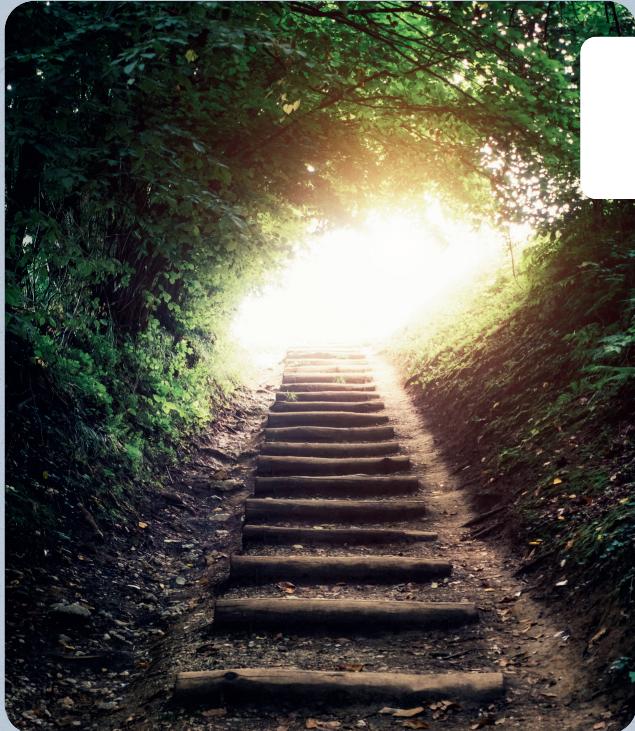
Faith and trauma recovery, clarity in confusion, self-compassion, grounding tools, resilience, small steps forward, reconnecting with God's presence, and hope in life's uncertain seasons.

### Audience

*Faith in the Fog* is for anyone navigating life after trauma, loss, or uncertainty. Designed for individuals, groups, and leaders seeking faith-based, trauma-informed tools that meet you where you are today.

Faith in the Fog releases late 2025 – join my email list for updates, sneak peeks, and a free sample tool now.

# WHY THIS WORK MATTERS



## My Why

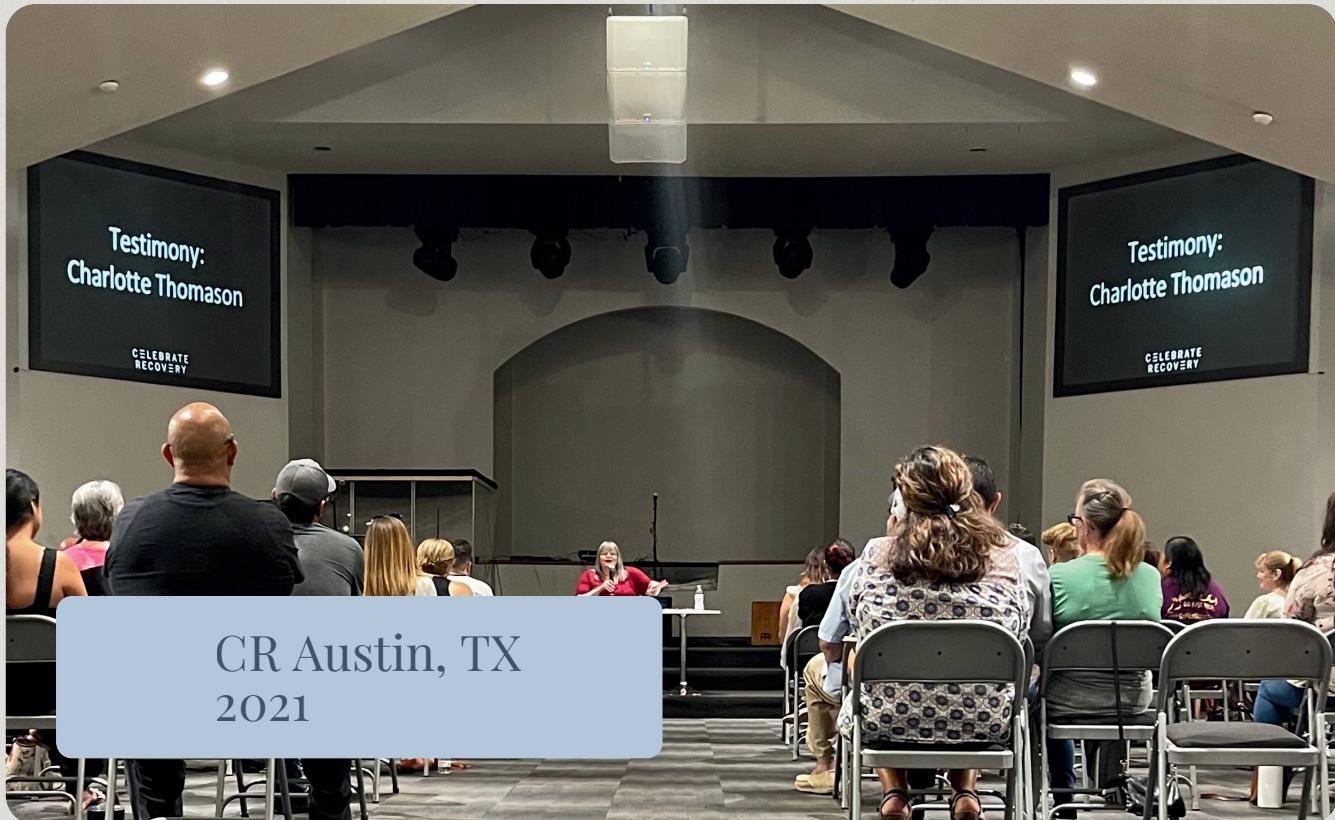
I never planned to share my story publicly, but when I did, others found pieces of their own in it. This work matters because it reminds us we're not alone—and that healing, though hard, is possible.

## The Impact

Each time someone says, “That spoke to me,” I’m reminded why I keep going. Whether through books, mentoring, or speaking, my goal is to offer hope, honesty, and grace for the journey.



# SPEAKING & MEDIA



## Platform:

Live events,  
podcasts,  
conferences, and  
online interviews

## Objective:

To bring hope and insight to  
audiences navigating  
trauma, faith, and healing.

## Topics I Love to Speak About

Whether I'm speaking on stage or in conversation, my goal is to create space for honest dialogue about trauma, faith, and healing. I often share on topics like childhood trauma, recovery, writing as healing, and learning to see yourself through God's eyes—all grounded in grace, empathy, and hope.

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PODCASTS

10+ guest  
spots

EVENTS

15+ Speaking  
events

YOUTUBE

140+  
videos

BLOG

400+ Posts  
shared

# Testimonials



**Jillian C.**

“Charlotte’s memoir is heart-wrenching and inspiring, written with balance and authenticity. It brings hope into darkness and reflects God’s glory beautifully.”



**Angie**

“Your videos are like sitting down with a friend. Thank you for sharing so openly—your words helped me feel seen.”



**Kelly Mata**

“The Equipped for Recovery Workshop gave me practical tools and powerful insight. Charlotte’s teaching is grounded, relatable, and something everyone needs in their life.”

# NEED MATERIALS FOR A FEATURE OR EVENT?

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DETAILS, AND MORE BELOW

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# LET'S CONNECT

I'd love to hear from you—whether it's for a speaking inquiry, media opportunity, or just to say hello.

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*Let's collaborate and create something extraordinary together!*